

**Broken Hearts Mending Quilt**  
 Inspired by Marie Bostwick's A SINGLE THREAD

**READ THROUGH ALL THE INSTRUCTIONS BEFORE CUTTING AND SEWING.**

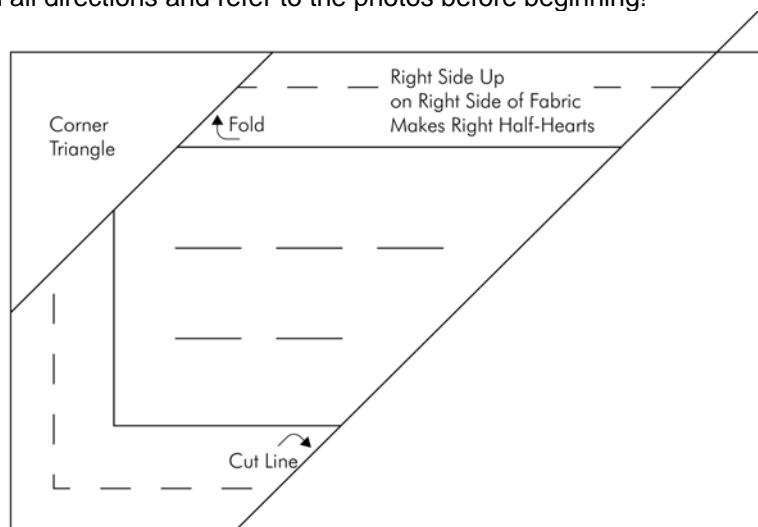
Fabric Requirements	Yardage	Cut each fabric as follows:
6 pink fabrics	¼ yard each	6 strips 1 ½" wide x the width of fabric (WOF)
Green for inside heart borders	½ yard	8 strips 1-1/8" x WOF + 24 2½"x2½" squares
Medium scale black & white for heart borders	¼ yard	8 strips 7/8" x WOF
Green background fabric	3 yards	24 - 8½" squares, each cut diagonally into 2 triangles 6 - 5½" squares, cut into 4 quarter-square triangles 8 - 6"x11½" rectangles 6 - 6" squares for the plain background blocks.
Large-scale black & white for quilt border	½ yard	5 - 3-1/4" strips (for border)
Binding fabric	½ yard	6 - 2-1/4" strips

**Basic Approach:** You'll first make 24 rectangular half heart blocks – 12 half hearts and 12 right half hearts. You will use a template, laying it right side up first and then upside down, to produce the left and right side half hearts. Backgrounds will be attached to each of the 24 half hearts. Sixteen halves will be joined to create eight whole hearts. The rest stay as half hearts. The various blocks are joined in sections before finishing with a border and binding.

These directions use the minimum number of colors but scrappy works well on this quilt. It's a great design for a group quilt. For example, four quilters can each make two whole hearts and two half hearts in complementary colors, then come together as a group to join their blocks and quilt the finished top.

Feel free to experiment and use up your stash by using as many complementary pinks and background greens as you like. For example, you could use as many as 36 different pinks, cut into 8.5 by 1.5 strips. However, use a unifying background color around the green borders of the hearts as well as the black and white borders. Background fabric is cut generously to save time.

Make sure you read all directions and refer to the photos before beginning!



**Sample Template**



## Making the Heart Left and Right Heart Halves

1

### Step One

Sew three pink strips together lengthwise; press. Cut the strip-pieced unit into  $8\frac{1}{2}$ " lengths, until you have 12 rectangles, which should measure  $3\frac{1}{2}$ " x  $8\frac{1}{2}$ ". Sew a green strip across the  $3\frac{1}{2}$ " ends of each pink section. Trim, then sew strips along the long sides of each pink section. Each section should now measure  $4\frac{3}{4}$ " x  $9\frac{7}{8}$ ". (See photo 1A, 1B, 1C, 1D)



Photo 1A



Photo 1B  
chain stitching the green strip



Photo 1C



Photo 1D  
Rectangle units before adding corner pieces

2

## Step Two

On each of the 24 2½" green squares, draw a diagonal stitching/fold line across the wrong side. (See photo 2A)



**Photo 2A**

marking diagonals for corner squares

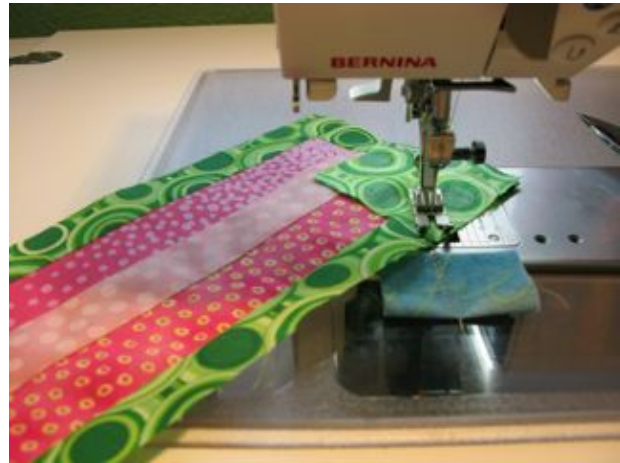
To get left and right half-hearts, work in pairs, laying two sections side by side vertically. Pin a 2½" square in the upper right and lower left corners of one rectangle unit. (Later, after cutting, this block will give you two right heart halves.) Now, pin a 2½" square in the upper left and lower right corners of a second rectangle unit. (Later, after cutting, this will give you two left heart halves). Place the squares so the stitching line lies across the corner, not going into it. Line up the unmarked edge of the square with the corner of the rectangle unit block. (See photo 2B)



**Photo 2B**

placing triangle corners for a right half

Using a scrap of fabric to sew on and off so you avoid distorting corners, sew just to the *outside* of the stitching line. (See photos 2C, 2D)



**Photo 2C and 2D**  
sewing from scraps onto and off of corners

Press the green fabric towards the corner, check that the corner is still square. (If not, rip, restitch and recheck.) Trim away the underlying portion of the square that made the triangle and the underlying corner of the strip-pieced unit. (See photos 2E, 2F)



**Photo 2E**  
trimming under corner



**Photo 2F**  
completing triangle corners of a pair

Repeat for the remaining units. The sections should still measure  $4 \frac{3}{4}$ " x  $9 \frac{7}{8}$ " but now each has a green triangle on two kiddie corners. (See photo 2G)





**Photo 2G**  
pair with triangle corners

Sew black & white strips around all four sides of each rectangle. Separate sections into two piles, 12 left heart halves and 12 right heart halves, based on the corner placement.



### Step Three

Using the template, cut 6 **right-side rectangle units** (with upper right and lower left triangle corners) along the CUT line with the **template right side up**. (See photo 3A)



**Photo 3A**  
cutting right half hearts

Now cut the **6 left-side rectangle units** (with upper left and lower right triangle corners) along the CUT line with the **template right side down**. (See photo 3B)



**Photo 3B**  
upside down templates for left

See how joining a right side up half-heart and a right side down half-heart will make a whole heart? (See photo 3C, 3D)



**Photo 3C**  
Cut pairs



**Photo 3D**  
seeing how pair make left and right sides

### Making the hearts halves into whole and half blocks



#### Step Four

To make the 8 whole hearts, select a right half-heart and a left half-heart. Sew the bias side of one 8½" triangle to the longest edge of the half-heart, leaving about ½" of the triangle's sharp point beyond the edge of fabric on the edge that will be at the bottom of the heart. Sew a quarter square triangle (from the 5½" square) to the opposite (shortest) side of the half-heart. (See photo 4A) Trim excess green fabric off top of block to create straight fabric edge.



**Photo 4A**  
Heart background fabric attachment

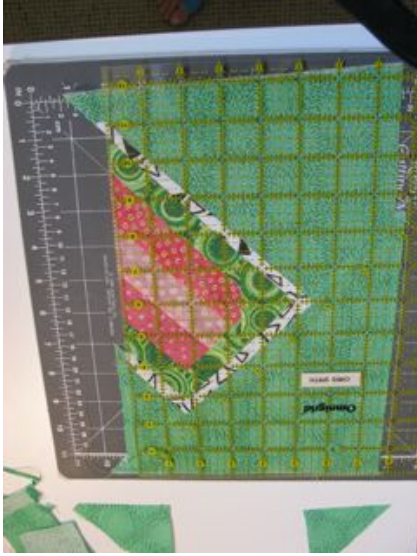
Next, sew the bias side of the other 8½" triangle across the fabric edge just trimmed (the one the two green triangles just added sandwiching the short black and white border) to create a rectangle half-heart block. (See photo 4B) Repeat for the opposite rectangle half heart.



**Photo 4B**  
before trimming

Press the seams of the triangles towards the black and white fabric. Trim off the excess green along the "center" edge. (See photo 4C)





**Photo 4C**  
evening the center edge

Next, pin 16 half-hearts, left and right sides, together along the center, matching black and white, green, and pink fabric seams. Stitch a  $\frac{1}{4}$ " seam and press open. Trim the whole heart blocks to measure  $11\frac{1}{2}$ " square. (See photo 4D). You should now have eight whole hearts blocks!

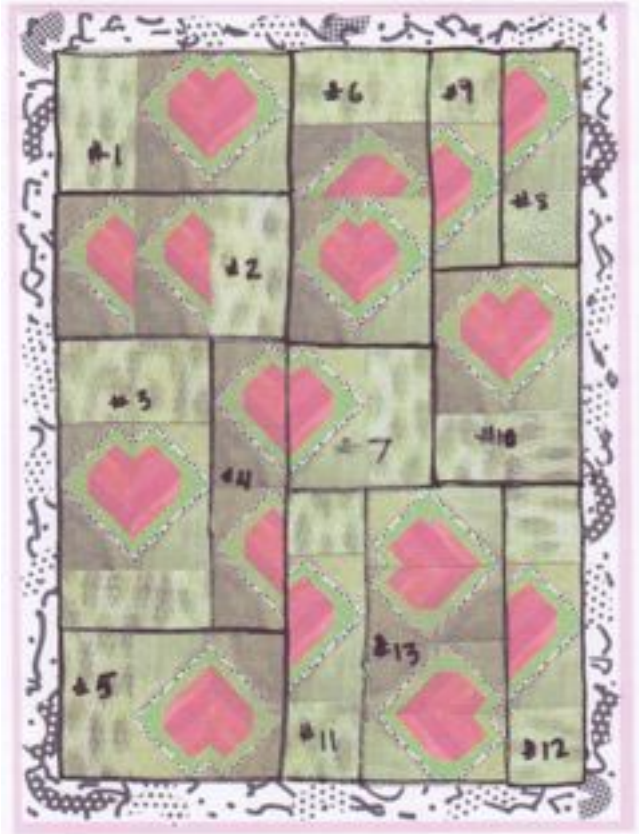


**Photo 4D**  
Completed whole heart block

To make half-hearts from the remaining sections, follow the same steps as above, but don't sew half-hearts together. Trim the half-hearts to measure  $6 \times 11\frac{1}{2}$ ". You should have eight half hearts.

## Joining the blocks to make the quilt top

Join blocks according to the layout as per the following instructions. Refer to placement diagram (Photo 5) and block numbers as needed.



**Photo 5**  
Diagram for block placement

Upper left: Join a vertical green 6x11-1/2" to the left side of a full heart (#1). Then join the right side of a left half heart to the left side of another left half-heart (#2). Join a vertical green to the right of #2. Sew the top of #2 to the bottom of #1. Set aside for the upper left corner (#1+2).

Middle left: Sew a horizontal green 6x11-1/2" to the top of a full heart, and a horizontal green to the bottom of that same heart (#3). Sew the bottom of a left half-heart to the top of another left half-heart (#4), reserving the right half of this heart for the Upper Center section. Sew #4 to the right of #3. Sew this Middle Left section to the Upper Left section.

Lower left: Sew a vertical green to the right side of a full heart (#5). Turn #5 so the heart is upside down and the vertical green is on the left. Sew #5 to the bottom of the Middle Left section (so that the bottom of the #5 heart points to the bottom of the #1,2,3+4 hearts. **YOU HAVE NOW COMPLETED THE LEFT SIDE OF THE QUILT.**

Upper center: Sew the long side of a rectangular green to the left side of a left half-heart, and sew the top of a full heart to the right of the half heart (#6). Sew a green vertical to the right of a right half heart (#7). Sew the top of #7 to the bottom of #6.

Upper right: Sew a 6" square green to the bottom of a right half-heart (#8) and a 6" square green to the

top of a right half-heart (#9). Sew #8 to the right side of #9. Sew a horizontal green to the bottom of a full heart (#10) and sew the top of that full heart to the bottom of #9+8.

Upper center & right: Sew the Upper right section (8+9+10) to the right side of the Center right section (#6+7).

Lower right: Sew a green square to the top and bottom of a right half-heart (#11). Do the same thing for #12. Take two full hearts and sew their left sides together so that the hearts end up facing opposite directions (#13). Sew # 11 to the left of #13 and #12 to the right side of #13. Sew this Lower Right section to the bottom of the Upper Center & Right section. Join the left side of the quilt to the right side of the quilt. YOU HAVE NOW COMPLETED THE TOP UP TO THE BORDERS!

### **Adding the borders**

Sew black and white borders onto the top and bottom. Piece three of the strips together with a diagonal seam for the vertical borders. Attach the vertical borders.

Sandwich and quilt as desired. Attach binding in the usual manner. Quilt size is approximately 45" x 61".